



Coaching Parents: Working with Families to Enhance Communication

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Being Effective

- Develop rapport/relationship with parents
- Develop rapport/relationship with child
- Have a plan
- Be flexible



Developing Rapport/Relationship with Parents

- Understand Parents
- Respect Parents
- Believe Parents
- Empathize with Parents
- Communicate with Parents
- Educate Parents



Developing Rapport/Relationship with Child

- Establish a routine
- Be consistent
- Have consistent rules and consequences
- Have clear and realistic expectations
- Recognize and Tolerate
Age Appropriate Behavior



Have a Plan

- Create a lesson plan before arriving at the session
- Establish a routine for the sessions
- Review the plan with the parent
- Ask for parent input and agreement
- Be timely
 - For arrival
 - Throughout session
 - For departure



Create a Lesson Plan

- Arrive at session
- Review lesson plan for the day
- Check device
- Report of progress/change
- Demonstration for parent
- Observation of parent
- Review of information
- Homework
- Questions, etc.



Review Lesson Plan for the Day

- State your plan for the parent
- Include list of activities
- Include approximate amounts of time
- Provide a clear explanation of your expectations
- Ask for parent input and suggestions

Mapping out a 60 minute Session

- 3-5 min. welcome, device check, state plan
- 3-5 min. recap; progress and changes
- 30-45 min. therapy to child and demo.
- 8-10 min. coaching
- 10-12 min. information
- 3 min. determine "homework" and schedule next meeting



Check the Device

- Help parents understand the importance of checking the device
- Help parents know how to accurately check the device
- Develop appropriate expectations
 - Technical check only
 - Ling sounds (detection/identification)
- Demonstrate how to check device
- Have parents check the device



Report of Progress/Change

- Be genuinely interested
- Ask open-ended questions
- Ask probing questions
- Don't assume anything
- Restate comments for clarification
- Believe the parents
- Use the information to plan session



Direct Therapy

- Ling sound check
- Listen and Learn Box/
some planned activity
- Vocabulary with objects or pics
- Auditory skill development/
"drop the block" task
- Demonstration for parent





Demonstration for Parents

- Use *Times to Talk*
- Select an activity
 - with parent
 - that seems logical
- Demonstration may last 10-15 minutes
- Have specific goals and expectations for the parent
- May provide explanation before, during or after

Observation/Coaching of Parent

- Observe a predetermined lesson
- Have and explain specific goals
- Coach parent throughout activity
- Provide positive feedback



Review of Information

- Determine the appropriate amount of info
- Determine the manner of delivery
- Determine the topic



Homework

- Decide what the parent should focus on until the next visit
- Decide if the parent will demonstrate at the next session, and if so, what
- Determine if you need to provide specific information at the next session
- Determine if you need to demonstrate something in particular at the next session



Questions

- Provide parents with an opportunity to ask questions
- Demonstrate an attitude of openness
- Invite questions
- Admit what you know and don't know





End the Session

- End in a timely manner
- End on a positive note
- Schedule next session